

# ThreatGEN® Red vs. Blue

ICS 101: Introduction to Intermediate OT/ICS Cybersecurity



Industrial security should be ingrained in your company's culture, equivalent to safety. Cyber incident preparedness begins with people. This class starts from a strategic perspective, helping students "get their head around" the big picture. It introduces beginner to intermediate topics such as OT/ICS vulnerabilities, "hacker" methodologies, and security controls at a comfortable and easy to follow pace. These topics are then exercised and reinforced using ThreatGEN® Red vs. Blue cybersecurity training game and other hands-on simulations.

This course will help students gain an understanding of the overall cyber risk management program and strategy, as well as OT/ICS vulnerabilities, basic adversary methods, and the security controls and strategies to defend against them.

## What you will get out of this class

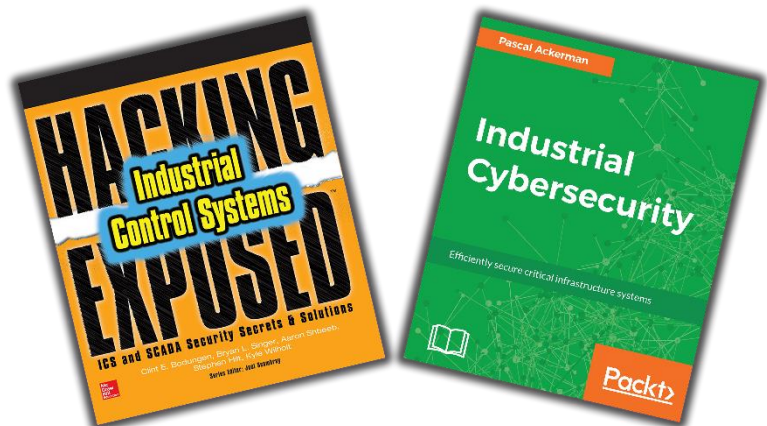
- Gain a comprehensive, "big picture" understanding of how all the cybersecurity pieces work together
- An introductory overview of the concepts, function, and components of industrial control systems, equipment, and technology
- Learn vulnerabilities and attack vectors specific to ICS
- Learn about the methods and strategies hackers use to attack industrial control systems as well as traditional IT systems (**Introductory level. This is not a technical hands-on, "hacking" course**)
- Learn and apply practical industrial cybersecurity and risk management concepts
- Learn how to deploy efficient and cost-effective mitigation strategies and security controls
- Learn how to build a complete ICS cyber security program
- Apply what you've learned against a live adversary using the cutting-edge, turn-based computer training simulation/game, ThreatGEN Red vs. Blue
- Learn how to respond to, adapt, and defend against active attacks (**Introductory level, this is not an incident response or threat hunting class**)
- Participate as the blue team and the red team, regardless of experience or technical skill level
- Taught by world-renown ICS cybersecurity experts with years of real-world experience

## Intended Audience

- Anyone interested in gaining beginner to intermediate knowledge of ICS/OT cybersecurity
- Anyone interested in or tasked with ICS/OT risk assessment and management
- Anyone interested in gaining a better understanding over the overall cybersecurity "big picture"
- Cybersecurity managers
- Upper management concerned with IT/OT cybersecurity
- Plant managers and asset owners
- IT cybersecurity staff tasked with ICS/OT cybersecurity
- Engineers tasked with ICS/OT cybersecurity
- End users looking for a more effective (and entertaining) cybersecurity awareness training

## Outline

- 1) What is OT Cybersecurity
  - a. Cybersecurity is [Cyber] Risk Management
  - b. What is OT (30,000 ft. View)
  - c. IT Risk vs. OT Risk
  - d. When the Solution Becomes Part of the Problem
- 2) OT Primer
  - a. What is OT
  - b. OT/ICS vs. IOT
  - c. OT Equipment (Devices)
  - d. Communication Architecture
  - e. Communication Protocols
- 3) OT Threat Landscape
  - a. What's the Risk [to OT]?
  - b. The Evolving Threat



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- i. Threat Intelligence vs. Threat Information
    - ii. Brief History of OT Threats
    - iii. What to Look For
    - iv. Who/What Are the Threats?
    - v. Taxonomy of Potential Threat Sources
    - vi. Threat Source Capabilities, Motivations, and Objectives
  - 4) OT Cybersecurity/Risk Management Program at a Glance
    - a. You Have Questions and you need help...
    - b. Your OT Cybersecurity Program
      - i. The Trilogy: IT, OT/ICS, Management
      - ii. Personnel & Skills
      - iii. Governance
      - iv. Budget
  - 5) OT Cybersecurity/Risk Management Strategy
    - a. Layered Defense is a Great Concept, but...
    - b. The Consequence Driven, Risk Modeling Approach
    - c. Mitigate Risk vs. Remediating Vulnerability
    - d. Cybersecurity Controls vs. Policy
    - e. Other OT Consequence Driven Cyber Risk Management Models
      - i. RIPE
      - ii. Bowtie
  - 6) The Risk Assessment Process
    - a. Key Terms
      - i. Include Black box, gray box, white box, etc.
    - b. The Consequence Driven, Risk Modeling Process
      - i. OT Risk Review
    - c. System Identification, Classification & Characterization
    - d. ATT&CK
  - 7) Vulnerabilities Primer
    - a. Key terms
    - b. What are Vulnerabilities
    - c. Types of Vulnerabilities
  - 8) ICS Specific Vulnerabilities
    - a. Industrial Protocol and Communications Vulnerabilities
    - b. ICS Workstation/Server Vulnerabilities
    - c. OT Equipment/Device Vulnerabilities
    - d. Top Issues Found in OT Assessments
- 9) OT Attack Surface
  - a. Key Terms
  - b. Anatomy of an Attack
  - c. Basic Strategies & Methods
  - d. OT Specific Attack/Exploit Strategies
  - e. OT/ICS Cyber Kill Chain
  - f. Common OT Attack Vectors
- 10) Cybersecurity Basics: "Blocking and Tackling"
  - a. Key Terms
  - b. Cyber Security Policies and Procedures
  - c. Configuration and System Hardening
  - d. Network Security
  - e. Physical Security
  - f. MoC Program
  - g. Anti/Virus and Patch Management
  - h. Data Backups
  - i. Documentation Maintenance
    - i. Internal (configuration management, network diagrams, etc.)
    - ii. Industry standards monitoring
    - iii. Change Management (MoC)
- 11) Architecture
  - a. Key Terms
  - b. Segmentation
  - c. The Purdue Model
- 12) Threat Monitoring
  - a. Key Terms
  - b. The Big Questions: Do I need it? When do I need it?
  - c. Passive vs. "Active"
  - d. Available Technology
  - e. Event Monitoring
  - f. SOC vs. MSSP
  - g. Considerations for Building a SOC
- 13) Incident Response
  - a. Key Terms
  - b. CERT Program
  - c. DHS "ICS-CERT" NCICC Outreach
  - d. Local FBI Outreach
  - e. Incident Response (IR) Plan
  - f. Disaster Recovery & Business Continuity

## THREATGEN

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FOUNDED IN SUGAR LAND, TEXAS IN 2017, THREATGEN DELIVERS A SOLUTION TO BRIDGE "THE ICS CYBERSECURITY SKILLS GAP" UTILIZING ITS RED VS. BLUE ACADEMY AND THREATGEN OT SECURITY SERVICES.

THE RED VS. BLUE ACADEMY USES CUTTING-EDGE COMPUTER GAMIFICATION IN THREATGEN® RED VS. BLUE TO PROVIDE AN EXCITING & MODERNIZED APPROACH TO INDUSTRIAL CYBERSECURITY TRAINING, BOTH PRACTICAL AND COST EFFECTIVE!

THREATGEN OT SECURITY SERVICES ARE DELIVERED WORLDWIDE BY WORLD-RENOWNED OPERATIONAL TECHNOLOGY (OT) CYBERSECURITY EXPERTS (WE LITERALLY WROTE THE BOOKS INDUSTRY USES) USING STRATEGICALLY CHOSEN PARTNERSHIPS TO CREATE A HOLISTIC SERVICE OFFERING.